



JAMMIN GRANOLA BARS

OREGON
Growers®

- FARM DIRECT SPECIALTY FOODS -

PREP TIME

30 minutes

COOK TIME

1 hour

SERVES

12 bars

INGREDIENTS

1/2 cup Oregon Growers Fruit Spread - Pick your favorite flavor

1/4 cup hot water

1/4 tsp salt

1/2 cup Nut Butter

3 Cups of rolled oats

PREPARATION

1. Preheat oven to 350 degrees
2. Pour 3 cups of oats in a large mixing bowl
3. In a sauce pan on low heat, stir in 1/4 cup of water, 1/4 cup fruit spread, 1/2 cup peanut butter and a pinch of salt until smooth.
4. Pour over the oats and mix until all the oats are coated and you have a goeey mixture.

5. Grease an 8x10 baking dish and press the mixture into an even layer, top with 1/4 cup of fruit spread.
6. Cook for 25 minutes until edges begin to get crispy.
7. Allow to cool before slicing into this easy snack!